

IF YOU HAVE TWELVE MINUTES A DAY YOU CAN CHANGE YOUR LIFE

When we get in our own way



WE THINK TOO SMALL



AIM AT THE WRONG THINGS



FAIL TO RESOURCE OUR PLANS

Rolling Stones Principle, Modified

You can't always get what you want, but you can <u>make</u> what you need

Dream

Set an intention. It takes the same work to do a big thing as a small thing.

Decide

Choose the process, not the end result. You can control your effort, not the outcome.

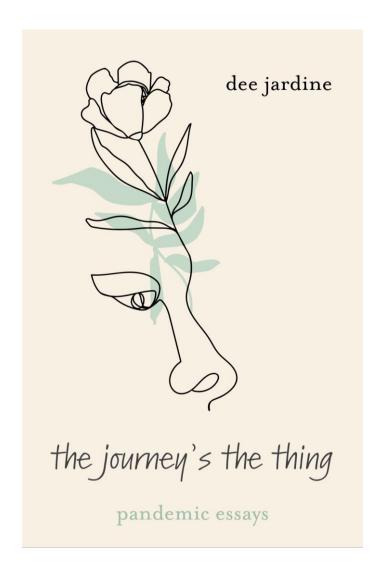
Do

Just start where you are, and ship it. It doesn't have to be perfect. Do what can gather momentum.



I started with a blank notebook. Then another....

I wrote and published a book (and started a publishing company).





"A thoughtful set of works with moments of wisdom."

- Kirkus Review

Look for The Journey's The Thing to be included in the October 1 edition of Kirkus Magazine!